



1. **What is the No Cost Grocery Program?**
 - a. KIPP Colorado Schools and the [Denver Food Rescue](#) have a partnership that provides organic fruits and vegetables for Far Northeast families so that they can prepare meals throughout the week.
2. **When does the program happen?**
 - a. Every Thursday afternoon, cancellations may happen due to building closures and weather.
3. **Where is the KIPP No Cost Grocery Program?**
 - a. On the northside of the KIPP school building, 4635 Walden Street, 80249. Sometimes this location changes due to building closures and weather.
4. **When can I pick up my food?**
 - a. Anytime after 2:00 pm, *sometimes* after 4pm. Pickup only lasts one hour. The pick up times **do change** and a message will be sent out on GroupMe when boxes or bags are ready to pick up for that specific Thursday.
5. **What time does the program end?**
 - a. The last box may be handed out at 3pm, maybe 4:30pm. End times **do change** and a message will be sent out on GroupMe for last call each Thursday.
6. **Why does the time of the program change every week?**
 - a. The food is donated by a local warehouse and we are the last delivery on Thursdays. Deliveries sometimes run behind or ahead of schedule, so the NCGP program start and end times vary each week.
7. **How do I get notifications on the program?**
 - a. A program leader sends out a message to the NCGP GroupMe list on Thursdays.
8. **How do I get added to the NCGP GroupMe List?**
 - a. Fill out the Google Form bit.ly/NCGPGroupForm.
9. **Do I have to fill out the Google form each week?**
 - a. No, just fill out the Google form **once** to be added to the NCGP GroupMe list.
10. **Why do I have to be on GroupMe?**
 - a. The KIPP NCGP uses GroupMe to allow clients to pre-order food boxes/bags, NCGP leaders send out the pick up times, end times and changes on Thursday.
11. **Can I send text or call a volunteer to pre-order?**
 - a. No, please use the KIPP NCGP GroupMe list
12. **How do I pre-order my food box/bag?**
 - a. If you plan on participating in the NCGP that week, on Thursday morning send a message on the GroupMe, example. "A food box please."
13. **When do I pre-order my food box/bag?**
 - a. Only on **Thursdays between 8:00 am - 12:00 pm**. This keeps traffic on the GroupMe app down.
14. **I get too many notifications, can I use another way to pre-order?**
 - a. No, please use the KIPP NCGP GroupMe list. You can change your notifications on the GroupMe app to reduce the sound or alerts. Remember, to use on Thursdays though.





15. If I forget to pre-order, can I still get food that day?

- a. Yes, you can show up, but there are no guarantees. Pre-orders help get an estimate of how many food boxes/bags we should make for that afternoon.

16. If I pre-order is my food bag/box guaranteed?

- a. As long as you show up within the first 30 minutes of distribution. We hand out food bags to whoever shows up, regardless if they pre-ordered. Approximately 85% of the time you will get your food bag order if you show up the last 5 minutes of distribution.

17. Is this just for KIPP families?

- a. No, anyone can participate. We encourage all to pre-order.

18. How many food boxes can I have?

- a. One per family or couple.

19. Can I volunteer?

- a. Please send a text to 303-621-6578 you are interested to complete the orientation.

20. Why do I sometimes get a bag instead of a box?

- a. The amount of food that is delivered varies week to week. A big delivery or low pre-order count means **food boxes** will be handed out. A small delivery or high volume of pre-orders mean **food bags** will be handed out.

21. Can you tell me what fruits and vegetables will be delivered?

- a. Unfortunately, we don't know what produce will be delivered until it is unloaded.

22. What if I don't know what is in my box?

- a. Describe the fruit or vegetable to Google or another search engine.

23. How do I cut, prepare or cook the fruit or vegetables in my box?

- a. Once you have identified your fruits and vegetables look up recipes that contain it as an ingredient. Enjoy!

24. Where does this food come from?

- a. The organic vegetables and fruits are donated by the UNFI Fresh warehouse.

25. Will my food box only have fruit and vegetables?

- a. For the most part yes, on occasions dairy, eggs and meat will be delivered. These are randomly placed in food boxes/bags if there is not enough for each participant.