1. **What is the No Cost Grocery Program?**
   a. KIPP Colorado Schools and the [Denver Food Rescue](#) have a partnership that provides organic fruits and vegetables for Far Northeast families so that they can prepare meals throughout the week.

2. **When does the program happen?**
   a. Every Thursday afternoon, cancellations may happen due to building closures and weather.

3. **Where is the KIPP No Cost Grocery Program?**
   a. On the northside of the KIPP school building, 4635 Walden Street, 80249. Sometimes this location changes due to building closures and weather.

4. **When can I pick up my food?**
   a. Usually after 3:00 pm. The pick up times do **change** and a message will be sent out on GroupMe when boxes or bags are ready to pick up.

5. **What time does the program end?**
   a. The last box should be handed out at 4:25pm. We start to break down around 4:00 pm. End times do **change** and a message will be sent out on GroupMe for last call.

6. **Why does the time of the program sometimes change?**
   a. The food is donated by a local warehouse and we are the last delivery on Thursdays. Deliveries sometimes run behind or ahead of schedule, so the NCGP program start and end times vary each week.

7. **How do I get notifications on the program?**
   a. A program leader sends out a message to the NCGP GroupMe list on Thursdays.

8. **How do I get added to the NCGP GroupMe List?**
   a. Fill out the Google Form [bit.ly/NCGPGroupForm](#).

9. **Do I have to fill out the Google form each week?**
   a. No, just fill out the Google form **once** to be added to the NCGP GroupMe list.

10. **Why do I have to be on GroupMe?**
    a. The KIPP NCGP uses GroupMe to allow clients to pre-order food boxes/bags, NCGP leaders send out the pick up times, end times and changes on Thursday.

11. **Can I send text or call a volunteer to pre-order?**
    a. No, please use the KIPP NCGP GroupMe list

12. **How do I pre-order my food box/bag?**
    a. If you plan on participating in the NCGP that week, on Thursday morning send a message on the GroupMe, example. “A food box please.”
13. When do I pre-order my food box/bag?
   a. Only submit orders on Thursdays between 8:00 am - 12:00 pm. This keeps traffic on GroupMe down.

14. I get too many notifications, can I use another way to pre-order?
   a. No, please use the KIPP NCGP GroupMe list. You can change your notifications on the GroupMe app to reduce the sound or alerts. Remember, to use on Thursdays though.

15. If I forget to pre-order, can I still get food that day?
   a. Yes, you can show up, but there are no guarantees. Pre-orders help ensure there are enough food boxes/bags for all who want to participate that day.

16. Is this just for KIPP families?
   a. No, anyone can participate. We encourage all to pre-order.

17. How many food boxes can I have?
   a. One per family or couple.

18. Can I volunteer?
   a. Please talk to the KIPP staff lead at the NCGP if you are interested to discuss the volunteer guidelines and orientation.

19. Why do I sometimes get a bag instead of a box?
   a. The amount of food that is delivered varies week to week. A big delivery or low pre-order count means food boxes will be handed out. A small delivery or high volume of pre-orders mean food bags will be handed out.

20. Can you tell me what fruits and vegetables will be delivered?
   a. Unfortunately, we don’t know what produce will be delivered until it is unloaded.

21. What if I don’t know what is in my box?
   a. Describe the fruit or vegetable to Google or another search engine.

22. How do I cut, prepare or cook the fruit or vegetables in my box?
   a. Once you have identified your fruits and vegetables look up recipes that contain it as an ingredient. Enjoy!

23. Where does this food come from?
   a. The organic vegetables and fruits are donated by the UNFI Fresh warehouse.

24. Will my food box only have fruit and vegetables?
   a. For the most part yes, on occasions dairy, eggs and meat will be delivered. These are randomly placed in food boxes/bags if there is not enough for each participant.